

Welcome to King Farm Registration Night

Important information is listed below that will help you during the summer.

- **Check the King Farm website (www.kingfarmswimteam.org)** for any updates, information regarding swim meets, calendar, and pool directions or to download forms. **THE WEBSITE IS YOUR SINGLE BEST SOURCE OF INFORMATION!**
- **MANDATORY – SUBSCRIBE TO THE KFST e-mail list** so that you receive current information throughout the season. To subscribe, follow the link near the bottom of the right column of our website entitled “Subscribe to the KFST mailing list”. If you have mail list questions or not sure if you’re already on the list – contact joan@kingfarmswimteam.com.
- **Swim practice begins on Tuesday, May 26.** Pre-team 4:30 – 5:00; all others 5:00 – 6:00.
- **PARENT QUESTION & ANSWER SESSIONS** all during first week of practice on pool deck between 4:30 and 5:30 p.m. – Board members will be available to answer your questions.
- Tuesdays are **swimmer social days** – we try to schedule both a daytime and an evening option. Check the calendar for upcoming events and their times.
- **Friday night socials ON THE POOL DECK** include pep rallies (distribution of ribbons from the previous Wednesday night swim meets), best appetizer contests (adults only!) and family pizza, which must be pre-ordered by Thursday (see order form on the website under **FORMS**).
- **Swim team and individual pictures** are scheduled for Friday, June 12. We will also hold an adult social that afternoon and **Coach Pat will address all parents.**
- **Time Trials** are Saturday morning June 13, 8 – 11 am. Everyone except preteamers must attend to obtain baseline times at this “practice meet”.
- Saturday mornings are “A” swim days. First “A” meet is June 20 (Check the website or posting board at the pool to see if your child is swimming).
- Wednesday nights are “B” swim nights. First “B” meet is June 24 (almost everyone is eligible to swim “B” Meets – keep in touch with the coaches to be sure your child is signed up).
- Pre-Team Mini Meet is in the works – more information to come!
- **Mattie Stepanek Heartsong Swim at the Rockville Municipal Pool – tentatively scheduled for 6/21 – all swimmers encouraged to participate (get more information at www.MattiesHeartsongSwim.com).**
- **Fourth of July Picnic** at the King Farm Pool after the “A” meet at Daleview. Order your tickets in advance for a hotdog and hamburger luncheon. Kids will enjoy a parade and various activities on the lawn of the community center while eating a delicious lunch served by members and families of the King Farm Swim Team. **WE NEED VOLUNTEERS FOR THIS EVENT!**
- **King Farm team suits** are available at Aardvark in the Wintergreen Shopping Center. Let them know our team name and they will set you up and put the logo on the suit while you wait.
- Sponsorship opportunities for the swim team are available. Contact joan@kingfarmswimteam.com if you want to be a sponsor or know someone who would.
- **KFST Parents are asked to volunteer during at least 3 meets or events during the season. Please look into becoming a swim official by attending a clinic to become certified.** Visit www.MCSL.org for information on clinics or contact Peter DeMeo or Christina Chai at pdemeo7@comcast.net.
- Contact any board member if there are any further questions at board@kingfarmswimteam.org.

PLEASE SEE REVERSE SIDE FOR AN OVERVIEW OF IMPORTANT DATES!