



2009 Swim Season - Visit us at www.kingfarmswimteam.com

BE SURE TO CHECK THE WEBSITE FOR UPDATED CALENDAR INFO!

The King Farm Swim Team promotes physical fitness, sportsmanship, teamwork, friendship, and community spirit. Membership on the Screamin' Geese Swim Team is controlled by 3 factors - residency, minimum skills, and age. Membership is open to families who are homeowners or renters in King Farm - single family homes, condos, apartments, townhouses that are either owned or rented within the boundaries of the King Farm Neighborhood. Because MCSL allows competition only up to age 18 (as of June 1 of the competition year), the Screamin' Geese also follow this maximum age guideline. There is no minimum age requirement, but all swimmers must meet the minimum skill level of pre-team regardless of age (ability to swim some type of stroke for 5 yards, submerge face in the water for 5 - 10 seconds, and do a front float). FINANCIAL AID IS AVAILABLE - NO SWIMMER WILL BE TURNED AWAY DUE TO FINANCIAL STATUS. Contact joan@kingfarmswimteam.com for more information on financial aid. Registration forms available at www.kingfarmswimteam.com.

2009 Schedule Highlights

5/26 FIRST PRACTICES @ Saddle Ridge Pool*

5/26 - 5/29 - Parent information sessions on the pool deck from 4:30 - 5:30 all week

6/12 TEAM PICTURES & Adult Social and speech from Coach Pat

6/13 TIME TRIALS (Practice Meet) for all swimmers except pre-team

6/17 MORNING PRACTICES BEGIN & AFTERNOON PRACTICE TIME CHANGES**

6/20 "A" Meet - Away @ Calverton

6/21 MATTIE'S HEARTSONG SWIM @ RMSC

6/24 "B" Meet - Away @ Washingtonian Woods

6/27 "A" Meet - Home vs. Little Falls

6/28 "A" Divisional Relay Carnival @ HOME

7/1 "B" Meet - Home vs. Tanterra

7/4 "A" Meet - Away @ Daleview

7/4 KFST SERVES COMMUNITY PICNIC

7/8 "B" Meet - Home vs. Rockville

7/11 "A" Meet - Home vs. Lakelands

7/12 Rain Date for "A" Divisional Relay Carnival

7/14 LONG COURSE INVITATIONAL @ Rockville Municipal Pool (RMSC)

7/15 "B" Meet- Home vs. Wheaton Woods

7/18 "A" Meet - Away @ Wildwood Manor

7/19 " Relay Carnival @ Tanterra

7/22 "B" Meet - Away @ Manor Woods

7/25 "A" Meet DIVISIONALS @ Calverton

7/25 TEAM BANQUET & AWARDS ceremony for swimmers & their families from 4 - 8 p.m. @ Saddle Ridge Community Center and on pool deck

8/1 & 8/2 ALL-STARS @ RMSC

* All practices are weekdays starting 5/26. Pre-team is at 4:30 & all other swimmers at 5:00 until 6/16/09.

** Beginning 6/17/09, morning practices are between 7:30 - 11 a.m. (specific times by age group will be announced after season begins); afternoon pre-team is at 5:00 and all others at 5:30. You may choose either morning or afternoon practice time.

"A" Meets begin at 8:30 a.m. - arrive earlier for warm-ups

"B" Meets begin at 5:30 p.m. - arrive earlier for warm-ups